

# Mille Lacs Fun Run

Join us for the 14th Annual Mille Lacs Fun Run!

Saturday, July, 8th, 8:00am  
Father Hennepin State Park  
41294 Father Hennepin Park Road  
Isle, MN 56342

**This is the 14th annual Mille Lacs Fun Run!** This event is to take place rain or shine at Father Hennepin State Park. Awards will be given to the top three male and female runners in each age category. **This is a timed event. Please carpool if possible due to limited parking.**

Directions to the race: Just 90 miles N. of the Twin Cities and only 50 miles from Brainerd or 60 miles from St. Cloud. If arriving from HWY 169, go East on Hwy 27 and follow until you reach Isle. Father Hennepin State Park is located in Isle on the North side of the road, on Main Street. Watch for signs.

Questions: Call Kathy at (320) 676-1050

You are encouraged to register on-line at [tandhtiming.com](http://tandhtiming.com) If you prefer to send in a registration form, the address is below. With your registration, you will receive a T-Shirt. Water will be supplied along the route and after the race along with fruit, a cold washcloth and cookies. Early registration is available on Friday, July 7th, from 6-8pm at Isle Recreation Education Center (IREC), 610 Mille Lacs Ave., Isle MN. and on Saturday morning, July 8th, from 7-7:45am at Father Hennepin State Park. **Race starts promptly at 8am!!**

Registration will be one flat rate of \$25 per entry. Parking arrangements have been made so you are not required to purchase a park sticker. You will be able to enter the park without getting a day pass and proceed to parking for the fun run. **T-Shirts can't be guaranteed for registration after June 30th! We strongly suggest you register before this date to ensure a shirt. We will not order many extras. We have youth sizes available as well.**

Email: [millelacsfunrun@hotmail.com](mailto:millelacsfunrun@hotmail.com)

Register online at [tandhtiming.com](http://tandhtiming.com) or detach and return this completed registration form with entry fee payable to: Isle Fire Dept. Relief Association, % IREC, PO Box 921, Isle, MN 56342

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Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_

Zip \_\_\_\_\_ Email \_\_\_\_\_

Phone \_\_\_\_\_ Age on race day \_\_\_\_\_ Gender \_\_\_\_\_

T-Shirt Size (Circle): **Adult:** Sm. Med. Lg. XL. XXL **Youth:** XSm . Sm. Med. Lg . XL.

Age Category (Circle): 0-12, 13-19, 20-29, 30-39, 40-49, 50-59, 60+

Event (Circle): 5K walk/run, 1 mile walk (untimed)

Signature \_\_\_\_\_

I understand that walking/running can be potentially hazardous and I hereby, at my own risk, enter this event. I, my estate, and my heirs, wave any claim for damages or injuries that I may incur as a result of my participation in this event, against any sponsors,

volunteers, employees or officials. I understand that I am to run with courtesy, caution and common sense. I know that this run is held rain or shine and that registration refunds will not be made for any reason.